

## The Rite of Hecate's Guardian Dogs



### Introduction:

The Rite of **Hecate's** Guardian Dogs is a sacred ritual designed to invoke the protection and guidance of the ancient goddess Hecate and her loyal hounds. This ritual is performed to shield oneself or a space from negative energies, to enhance spiritual strength, and to seek Hecate's guidance in times of need.

### Materials Needed:

- A quiet and dimly lit space, preferably outdoors under the moonlight or indoors with candles.
- A small table or altar decorated with symbols of Hecate, such as an image or statue.
- Three black candles representing Hecate's guardian dogs.
- Incense, preferably myrrh or frankincense.
- A small bowl of fresh water.
- A piece of parchment or paper and a pen.
- Optional: Offerings for Hecate, such as herbs, flowers, or a small plate of food.

### Preparation:

- Begin by cleansing the ritual space with your preferred method, such as smudging, sprinkling salt, or using a purifying incense.
- Set up the altar or table in the center of the space, ensuring it is stable and can hold the candles securely.
- Arrange the black candles in a triangle shape on the altar, with one candle at each point.
- Light the incense and place it on the altar, allowing the fragrant smoke to fill the space.
- Fill the small bowl with water and place it on the altar.

- Take a moment to center yourself, breathing deeply and focusing on protection and connection with Hecate.

### **The Ritual:**

Stand before the altar and light the three black candles, one by one, starting from the leftmost candle and moving clockwise. As you light each candle, recite the following invocation:

"**Hecate**, goddess of the crossroads, I call upon your hounds to stand guard. Guide and protect me in this sacred space; keep me safe from all harm and negativity."

Take a few moments to visualize a circle of protective energy forming around you, extending outwards and encompassing the entire space.

With reverence, pick up the bowl of water and hold it up towards the sky, saying:

"**Hecate**, ancient goddess of magic and mysteries, I offer this water to symbolize purity and renewal. Bless it with your divine energy and protection."

Lower the bowl and place it back on the altar. Dip your fingertips into the water and anoint your forehead, heart, and both shoulders while saying:

"With this sacred water, I am marked and protected. **Hecate**, let your power flow through me."

Take a moment to reflect on your specific intentions or requests for **Hecate's** guidance or protection. Write these down on the piece of parchment or paper, using clear and concise language.

Hold the parchment in your hands and focus your energy on it. Visualize the words on the paper being infused with the protective energy of **Hecate** and her guardian dogs.

Place the parchment in the flame of one of the black candles, allowing it to burn safely in a heatproof container. As it burns, imagine your intentions being released into the universe, carried by **Hecate's** hounds.

Spend a few moments in silent meditation, opening your mind and heart to the presence of **Hecate**. Listen for any messages or guidance she may offer.

When you feel ready, please thank **Hecate** for her presence and protection. You may offer a few words of thanks or leave physical offerings on the altar.

By: Rev. Renee Sosanna Olson

Keybearer to the Covenant of Hekate

Founder of the Sanctuary of Hecate Brimo